

1. What is a Carer? A carer is anyone who cares, unpaid, for a family member or friend who due illness, disability, mental health problem or an addiction cannot cope without support provided by an unpaid carer. The support a carer offers can be emotional, physical, practical and/or financial.

2. Care Act 2014. The Care Act 2014 recognises the equal importance of supporting carers and the person(s) they care for. The Care Act is predominantly for adults in need of care and support, and their adult carers. There are some provisions for the transition of children in need of care and support, parent carers of children in need of care and support, and young carers. However, the main provisions for these groups (before transition) are in the Children and Families Act 2014.

7. How to refer: visit the webpage : Adult Carers — Swindon Carers Together

If you would like to look at carer awareness sessions for your staff, please contact hello@swindoncarerstogogether.org.uk

3. Carers Assessment. Under the Care Act, any adult who cares for another adult is entitled to a Carers Assessment of their needs. The purpose of the assessment is to involve the carer (and the independent advocate if applicable) to identify needs and how these impact on their wellbeing and any outcomes that the carer wishes to achieve in their day-to-day life. This will enable the practitioner to establish the full range of needs before a support plan is devised.

6. Carers Support. Swindon Carers Together can provide Carers registered with them a range of support including:

- access to the Carers support line,
- carers assessment
- signposting and information
- groups and activities,
- training sessions,
- possible funding streams
- emergency card scheme,
- bereavement support following the death of a dependent.



4. Continued. The carer may be entitled to a personal budget or direct payment from the local authority to pay for services that can be available depending on eligibility. A carer is still entitled to a Carers Assessment even if the person they care for is not having an assessment of their own needs. Swindon Carers Together are commissioned by Swindon Borough Council to complete Carer assessments.

5. Impact of Caring. Caring can impact on many areas of the Carer's life, including but not limited to:

- Emotional wellbeing
- Physical health
- Financial
- Employment and education
- Social interaction and
- Opportunities for a break

Carer Assessments are completed by social workers from Adult Social Care if the carer or cared for has an allocated social worker.