

# Autism and Learning Disability Information and Training

Including information about Oliver McGowan Mandatory  
Training



# Oliver McGowan Mandatory Training

- The training is named after Oliver McGowan whose death shone a light on the need for health and social care staff to have better skills, knowledge and understanding of the needs for autistic people and people with a learning disability.
- 18-year-old Oliver had mild hemiplegia, focal partial epilepsy, a mild learning disability and was autistic. He died in November 2016 after he was given antipsychotic medication, even though he and his family warned it could be harmful. His death was determined to be “avoidable” by an independent review.
- The Health and Care Act 2022 introduced a requirement that all regulated CQC registered service providers must ensure their staff receive training on learning disability and autism that is appropriate to their role. The Oliver McGowan Mandatory Training on Learning Disability and Autism is the Government’s preferred and recommended training for health and social care staff to undertake.



# Oliver McGowan Mandatory Training

You can find out more by clicking on the links below:

- [The Oliver McGowan Mandatory Training on Learning Disability and Autism \(youtube.com\)](#)
- [The Oliver McGowan Mandatory Training on Learning Disability and Autism | NHS England | Workforce, training and education \(hee.nhs.uk\)](#)
- [The Oliver McGowan Mandatory training on learning disability and autism | Local Government Association](#)



# Additional Resources - Autism Training Videos

The majority of people involved in the videos are neurodivergent.

Please click on the link below to view the recording. Best viewed in Microsoft Edge):

- [Sensory overwhelm leading to emotional distress 1 - YouTube](#) (Duration 21 minutes)
- [Masking autistic women present differently to autistic men - YouTube](#) (Duration 22 minutes)
- [Anxiety, depression, and suicide Alexithymia not recognising emotions inc titles – YouTube](#) (Duration 30 minutes)
- [Autistic communication and how to ask the right questions don't assume 3rd Cut – YouTube](#) (Duration 52 minutes)
- [Menopause 3rd Cut – YouTube](#) (Duration 6 minutes)
- [The importance of diagnosis understanding inc titles - YouTube](#) (understanding autism, including diagnosis, the risks, anxiety and how autism present in females). (Duration 38 minutes)



# Those Involved in the Autism Training Videos:

- **Dr Febin Basheer (General Practitioner) – Victoria Cross GP Practice, Swindon**
- **Mark Berry (Autistic professional) –** short interview about his medical experiences as an autistic older adult
- **Dr Judy Eaton – Consultant Clinical Psychologist**
- **Deborah Wortman - Psychotherapist**
- **Libby Hill - Consultant Specialist Speech and Language Therapist –** communication differences, and the best approaches to communicating with autistic patients
- **Dr Liz O’Nions (Post-doctoral research fellow, University College London ) –** recent research into Autistic older adults
- **Cathie Long (Autistic professional & Independent Social Worker) –** post-diagnosis mid-life, “It’s not just a label”.
- **Laura Wyles –** Registered General Nurse
- **Dr Jessica Eccles -** Consultant Psychiatrist Sussex Neurodevelopmental Service and Clinical Senior Lecturer, Brighton & Sussex Medical School.
- **Sarah Carolan -**, Senior Commissioning Manager at NHS Bath and North East Somerset, Swindon and Wiltshire Integrated Care Board - co-produced & edited the films and applied for the HEE funding.



# SSP Training

For further information and to book a place click on this link below:

[Understanding and working with children and young people who are undiagnosed or have a diagnosis of autism - Swindon Safeguarding Partnership](#)

