

# Useful Resources for children, young people, parents and carers

The information on the next slides is not an exhaustive list – if you are aware of any additional resources then please let the safeguarding partnership know email Safeguarding Partnership: [safeguardingpartnership@swindon.gov.uk](mailto:safeguardingpartnership@swindon.gov.uk)



# Local Support Services

Please view the websites for further information about the services provided.

- SARC The Bridge - Help after rape and sexual assault ([thebridgecanhelp.org.uk](http://thebridgecanhelp.org.uk))
- First Light Sexual Assault Referral Centre (SARC) Swindon & Wiltshire - First Light
- Sexual assault referral centres animation ([youtube.com](http://youtube.com))
- Barnardo's Swindon & Wiltshire Phoenix Project Swindon & Wiltshire Phoenix Project | Swindon & Wiltshire Phoenix Project ([barnardos.org.uk](http://barnardos.org.uk))
- FearFree: Swindon and Wiltshire Sexual Violence Therapeutic Service – FearFree
- Letting the Future In NSPCC therapeutic service for children who have been sexually abused. You can find out more via this link <https://learning.nspcc.org.uk/services-children-families/letting-the-future-in>. If you wish to make a referral please Contact NSPCC Swindon on 01793 683100
- We Stand support for families impacted by child sexual abuse.
- BeU Swindon - FREE, Early Mental Health and Emotional Wellbeing Support service for Children and Young People in Swindon. Website: [beuswindon.co.uk](http://beuswindon.co.uk)



# Support for children/young people

In addition to some of the services on the previous slide.

- Childline - whether it's happening now or happened in the past, Childline can be contacted 24/7. Calls to 0800 1111 are free and confidential. Children can also contact Childline online.
- Childline has information and advice for children and young people about sexual abuse and rape and sexual assault.
- For young people worried about sexual behaviour Shore (shorespace.org.uk)
- Victim Support: <https://www.victimsupport.org.uk/you-co/types-crime/>
- Swindon survivor pathway is a guide for anyone wanting to know more about specialist sexual violence support services in Swindon <https://www.survivorpathway.org.uk/swindon/>
- Fearless - <https://crimestoppers-uk.org/fearless/what-is-fearless>



# Support for Parents /Carers

- [Supporting parents and carers | CSA Centre](#)
- [Let's talk PANTS | NSPCC](#)
- [Talk Relationships: delivering sex and relationships education - NSPCC website](#)
- [Parents Protect - Effects of sexual abuse on children](#)
- <https://ivisontrust.org.uk/about-ivison/>
- <https://www.bespaceaware.co.uk/>
- [Sarah's Law \(Child Sex Offender Disclosure Scheme\) | Wiltshire Police](#)
- **Stop it Now** - run by the Lucy Faithfull Foundation, the only UK-wide charity dedicated solely to preventing child sexual abuse. A range of information and resources for anyone with concerns about child sexual abuse and its prevention webpage [Stop It Now | Preventing child sexual abuse](#) and [FAQ s about child sexual abuse - Stop It Now](#)
- There is a connected site for parents and carers - [Parents Protect](#) with films, tips and resources to support with safety planning.
  - [Parents Protect - Leaflets for parents and carers](#)
  - [Parents Protect - Create a family safety plan](#)
  - [How to tell if a childs sexual behaviour is appropriate for their age - Parents Protect](#)
  - [Parents Protect - Internet safety handouts for parents and children](#)



# Support for Parents /Carers

- Swindon survivor pathway is a guide for anyone wanting to know more about specialist sexual violence support services in Swindon <https://www.survivorpathway.org.uk/swindon/>
- Rights of Women Home | Rights of Women
- From report to court: A handbook for adult survivors of sexual violence | Rights of Women handbook which explains the different stages of the legal process, from deciding whether to report the incident to the police, through the trial, outcome of the trial and sentence.
- Understand, identify, intervene: Support young people in relation to peer-on-peer abuse, domestic and sexual violence | Rights of Women – legal guide for to find out more about legal options available to young people experiencing particular forms of violence, including sexual violence and peer- on -peer abuse.
- We Stand support for families impacted by child sexual abuse.
- Victim Support - <https://www.victimsupport.org.uk/help-and-support/>

