

Each month we will be focusing on a different safeguarding theme to raise awareness and signpost to resources.

**Stay  
Safe  
Online**

For February, our theme is  
**Staying Safe Online.**



**#StaySafeOnline**

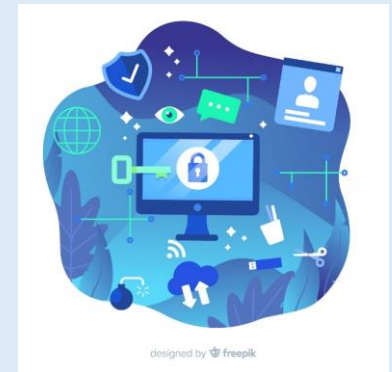


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# Staying Safe Online



- This month we want to raise awareness about online safety.
- Tuesday 11<sup>th</sup> February 2025 is Safer Internet day promoted by the [UK Safer Internet Centre](#).
- The theme for 2025 is - **Too good to be true?** Protecting yourself and others from scams online.
- Swindon Safeguarding Partnership is supporting this safeguarding initiative. We want to raise awareness about the information and resources available to support children, adults, parents, carers and professionals to **Stay Safe Online**.



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# Too good to be true?

## Protecting yourself and others from scams online

- The UK Safer Internet Centre has provided a range of information and resources for young people including how to protect themselves and others, as well as what support is available to them. There is also information for parents/carers and professionals.
- **Everyone is vulnerable to scams** either online or via other methods, such as doorstep and mail scams.
  - Over the next few slides, we have provided you with some links to useful resources and websites.
  - Please note this is not an exhaustive list.



# UK Safer Internet Resources on this theme

- Home page: [UK Safer Internet Centre](#).
- [The Safer Internet Day 2025 Quizzes - UK Safer Internet Centre](#)
- [Education resources - UK Safer Internet Centre](#)
- [Tips for Parents and Carers - UK Safer Internet Centre](#)



# Test your Online Knowledge



Image by FreeP!k

- ✓ [Are you smart online? Quiz | Childnet](#)
- ✓ [Online safety quiz | NSPCC](#)
- ✓ [Take the quiz: how to stay safe online - Own It – BBC](#)

## UK Safer Internet Resources

- ✓ [The Safer Internet Day 2025 Quizzes - UK Safer Internet Centre](#)



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# SCAMS

Below are some resources to find out more:

- 7 minute brief [Scams - 7 minute briefing - Swindon Safeguarding Partnership](#)
- Friends against scams website [Friends Against Scams - About](#)
- Free Online Learning: [Friends Against Scams - Online Awareness Training](#)
- [Safer Internet Day 2025 Top Tips - UK Safer Internet Centre](#)
- [Avoid and report internet scams and phishing: Report internet scams and phishing - GOV.UK](#)
- [Staying Safe from Fraud and Scams - Ann Craft Trust](#)



# 10 Golden Rules to prevent fraud and outsmart scammers

- 1. Be Sceptical:** Treat all “too good to be true” offers with suspicion. Remember, there are no guaranteed get-rich-quick schemes.
- 2. Take Your Time:** Don’t agree to offers or deals immediately. Insist on time to seek independent or legal advice before making decisions.
- 3. Verify Credentials:** Before handing over money or signing anything, check someone’s credentials and their company’s legitimacy.
- 4. Money Caution:** Never send money to unfamiliar or untrusted individuals, whether in the UK or abroad. Use payment methods you’re comfortable with.
- 5. Guard Personal Details:** Never share banking or personal information with strangers. Safeguard this valuable data.
- 6. Direct Website Access:** Always log on to websites directly rather than clicking links in emails.
- 7. Seek Independent Evidence:** Don’t rely solely on glowing testimonials. Look for solid, independent proof of a company’s success.
- 8. Consult Professionals:** If an offer involves money, time, or commitment, seek independent or legal advice.
- 9. Report Scams:** If you spot a scam or have been scammed, report it promptly. There’s no shame in being deceived; reporting helps prevent others from falling victim.
- 10. Get Help:** If you suspect a scam, contact Action Fraud at 0300 123 2040. If you know the suspect or they’re nearby, call 101.

**Remember**, your information may be crucial in completing the bigger picture and protecting others. Stay informed, stay cautious, and don’t hesitate to report any suspicious activity.

**If you’ve been scammed**, consider resetting your passwords, notifying your bank, and updating your anti-virus software and seek professional advice and/or report using an online form from Action Fraud

**Source:** Information from Bracknell Forest Safeguarding Board - Scams and fraud





# Scammers - Advice and Support

- ✓ **Action Fraud:** Advice and reporting: <https://www.actionfraud.police.uk/>
- ✓ **Citizens advice:**
  - ✓ [Check if something might be a scam - Citizens Advice](#)
  - ✓ [Get help with scams - Citizens Advice](#)
- ✓ **Age UK:** [Scams advice – How to spot and avoid scams | Age UK](#)
- ✓ [What to do if you're a victim of scams or fraud | Age UK](#)
- ✓ **National Cyber Security Centre:** [Phishing: Spot and report scam emails, texts, websites and... - NCSC.GOV.UK](#)
- ✓ **Ofcom:** [Top tips to stay safe from the scammers – Ofcom](#)
- ✓ **Money Saving Expert:** [30 ways to stop scams: MoneySavingExpert](#)
- ✓ **Victim Support:** [Fraud - Victim Support](#)
- ✓ **Neighbourhood Watch YouTube recordings:**
  - ✓ [Understanding the psychology behind scams \(youtube.com\)](#)
  - ✓ **Website:** [ScamSmart - Avoid investment and pension scams | FCA](#)
  - ✓ **Website:** [Friends Against Scams - National Trading Standards \(NTS\) Scams Team initiative protecting and preventing people from becoming victims of scams](#)
- ✓ **National Trading Standards:**
  - ✓ [National Trading Standards Scams Team - National Trading Standards](#)
  - ✓ [National Trading Standards eCrime Team - National Trading Standards](#)
- ✓ **Website:** [Free Website Scam Checker - Check a website by Get Safe Online](#)



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# UK Safer Internet Centre



Provides support and services to children and young people, adults facing online harms, and professionals working with children.

An overview of some of their resources are included below. It is recommended you visit the website to find out more: [Homepage - UK Safer Internet Centre](#)

## **Children and Young People:** *a wide range of resources*

- ✓ [Children and young people - UK Safer Internet Centre](#)
- ✓ [SEND - UK Safer Internet Centre](#)

## **Professionals:**

- ✓ [Teachers and school staff - UK Safer Internet Centre](#)
- ✓ [Governors and trustees - UK Safer Internet Centre](#)
- ✓ [Social workers - UK Safer Internet Centre](#)
- ✓ [Healthcare Professionals - UK Safer Internet Centre](#)
- ✓ [Professionals Online Safety Helpline - UK Safer Internet Centre](#)

## **Other resources:**

- ✓ [Social media guides - UK Safer Internet Centre](#)
- ✓ [Safe remote learning hub - UK Safer Internet Centre](#)
- ✓ [Hotline - UK Safer Internet Centre](#) for reporting and removing sexual images of children online.
- ✓ [Report Harmful Content - UK Safer Internet Centre](#) national reporting centre that has been designed to assist anyone in reporting harmful content online.



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# Resources for Young Children – 3 – 7 years

Websites covering a wide range technology and advice:

- ✓ Childnet: 3 -7 year olds:
- ✓ [www.childnet.com/resources/smartie-the-penguin](http://www.childnet.com/resources/smartie-the-penguin)
- ✓ [www.childnet.com/resources/digiducks-big-decision](http://www.childnet.com/resources/digiducks-big-decision)
- ✓ CEOP: 4 - 7 year olds: [CEOP Education \(thinkuknow.co.uk\)](http://thinkuknow.co.uk)



# Child Focused Resources for those over 4 years

- ✓ [Online safety | Guidance and resources | NSPCC Learning](#)
- ✓ [Staying safe online | Childline](#)
- ✓ [Help & advice | Childnet \(4 – 11 year olds\)](#)
- ✓ [Help & advice | Childnet \(11 -18 year olds\)](#)
- ✓ [CEOP Safety Centre](#)
- ✓ [8-10s | CEOP Education \(thinkuknow.co.uk\)](#)
- ✓ [11-18s | CEOP Education \(thinkuknow.co.uk\)](#)
- ✓ [So You Got Naked Online | SWGfL](#)

## Stalking and Harassment - Young People

- ✓ [Young People | AAS Website \(actionagainststalking.org\)](#)
- ✓ [Protection Against Stalking | Look Forward Not Behind](#)



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# Additional Resources: Relevant for parents, carers and adults



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## NSPCC:

- ✓ [Keeping children safe online | NSPCC](#)
- ✓ [Use Parental Controls to Keep Your Child Safe | NSPCC](#)
- ✓ [Online abuse | NSPCC](#)
- ✓ [Responding to online abuse | NSPCC Learning](#)

## Childnet:

- ✓ [Help & advice | Childnet](#)
- ✓ [Childnet — Online safety for young people](#)

## Barnardo's

- ✓ [Keeping children safe online | Barnardo's \(barnardos.org.uk\)](#)
- ✓ [How to talk to children about keeping safe online | Barnardo's \(barnardos.org.uk\)](#)
- ✓ [Keeping children safe online - Parent's questions answered | Barnardo's \(barnardos.org.uk\)](#)

## Other resources:

- ✓ [Keeping your under 5 safe online \(thinkuknow.co.uk\)](#)
- ✓ <https://www.vodafone.co.uk/mobile/digital-parenting>
- ✓ [An Introduction to Digital Safeguarding - Ann Craft Trust](#)
- ✓ [Parents Protect - Internet Safety](#)



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# Additional Resources: Relevant for parents, carers and adults



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- ✓ <https://www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls-offered-your-home-internet-provider>
- ✓ [www.swiggle.org.uk](http://www.swiggle.org.uk) child friendly search facility
- ✓ [CEOP Safety Centre](#)
- ✓ [Parents and carers | CEOP Education \(thinkuknow.co.uk\)](#)
- ✓ [Get Safe Online | The UK's leading Online Safety Advice Resource](#)
- ✓ [Stay Safe Online — Bobby Van](#)
- ✓ [Stay safe at home, at work, on the move and online | ProtectUK](#)

## The Children's Society:

- ✓ [Promoting online safety for children | The Children's Society \(childrenssociety.org.uk\)](#)
- ✓ [The Dark Side Of Online Gaming | The Children's Society \(childrenssociety.org.uk\)](#)
- ✓ [What Is The Dark Web? | The Children's Society \(childrenssociety.org.uk\)](#)



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# Resources: Relevant for children, adults with learning disabilities and parent/carers



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- ✓ [Staying Safe on Social Media and Online | Foundation for People with Learning Disabilities](#)
- ✓ [Internet Safety | Include.org](#)
- ✓ [Stay safe - Bullying | Mencap | Learning disability](#)
- ✓ [Safety Net - An accessible guide to keeping everyone safe online – YouTube](#) (YouTube: 2022 – duration 3 minutes)
- ✓ [How to Stay Safe Online - Guidance for Adults and Young People with Learning Disabilities - Digital Safeguarding - Ann Craft Trust](#)



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# Resources: Professionals

## SSP Resources:

- ✓ Guidance document: [Parents guide to online exploitation - Swindon Safeguarding Partnership](#)
- ✓ SSP webpage: [Financial and material abuse - Swindon Safeguarding Partnership](#)
- ✓ Webpage: [Online safety - Swindon Safeguarding Partnership](#)
- ✓ Webpage: [Staying safe online - Swindon Safeguarding Partnership](#)
- ✓ Webpage: [Cyber crime - Swindon Safeguarding Partnership](#)



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# Resources: Professionals



Image by  
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## Ann Craft Trust:

- ✓ <https://www.anncrafttrust.org/an-introduction-to-digital-safeguarding/>
- ✓ <https://www.anncrafttrust.org/safeguarding-young-people-and-virtual-delivery-creating-safer-online-spaces/>

## Childnet:

- ✓ [Childnet — Online safety for young people](#)
- ✓ Teachers/professionals [Help & advice | Childnet](#)

## CEOP:

- ✓ [CEOP: CEOP Safety Centre](#)
- ✓ [Professionals | CEOP Education \(thinkuknow.co.uk\)](#)

## Child Rescue Coalition

- ✓ Home webpage: <https://childrescuecoalition.org/>
- ✓ The issue - [Child Rescue Coalition](#) -
- ✓ Information for parent/carers: [Education - Child Rescue Coalition](#)

## Other Resources:

- ✓ <http://swgfl.org.uk/products-services/esafety/resources>
- ✓ <https://www.ygam.org/> - advice leaflets for Facebook, X, Instagram, SnapChat etc.
- ✓ [www.getsafeonline.org/](http://www.getsafeonline.org/)
- ✓ [Internet safety - Help for early years providers - GOV.UK \(education.gov.uk\)](#)
- ✓ [Top tips for staying secure online - NCSC.GOV.UK](#)
- ✓ [Professionals Online Safety Helpline - UK Safer Internet Centre](#)
- ✓ [Stay safe at home, at work, on the move and online | ProtectUK](#)
- ✓ [Responding to online abuse | NSPCC Learning](#)
- ✓ **Sexting:** [Sexting resources - UK Safer Internet Centre](#)



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# Resources: Professionals

## Wiltshire Police website:

- ✓ [Cyber Security | Wiltshire Police](#)
- ✓ [Online child abuse | Wiltshire Police](#)
- ✓ [Useful contacts for advice about fraud and cyber crime | Wiltshire Police](#)
- ✓ [Sexting and staying safe online | Wiltshire Police](#)

## Other resources

- ✓ [Top tips for staying secure online - NCSC.GOV.UK](#)
- ✓ [Helpful Family Pack](#) – leaflet where family member arrested online sexual offences involving children
- ✓ [Appropriate Language Guide | The Hydrant Programme](#)
- ✓ [National Analysis of Police-Recorded Child Sexual Abuse and Exploitation Crimes Report 2022 | Vulnerability Knowledge and Practice Programme](#)



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# Resources: Professionals

## Centre for Expertise on Child Sexual Abuse

- ✓ [Home | CSA Centre](#)
- ✓ [Harmful sexual behaviour in online contexts | CSA Centre](#)
- ✓ [Child sexual abuse by adults in online contexts | CSA Centre](#)
- ✓ [Managing risk and trauma after online sexual offending | CSA Centre](#)
- ✓ [Signs and indicators of child sexual abuse | CSA Centre](#)
- ✓ [Communicating with children | CSA Centre](#)
- ✓ [Supporting parents and carers | CSA Centre](#)



# Reporting

You can also report via these organisations:

- ✓ [Report Child Sexual Abuse Images & Videos Online \(iwf.org.uk\)](http://iwf.org.uk)
- ✓ [www.ceop.police.uk/safety-centre/](http://www.ceop.police.uk/safety-centre/)
- ✓ [www.actionfraud.police.uk/](http://www.actionfraud.police.uk/)
- ✓ <https://reportharmfulcontent.online>



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# Resources:

## Domestic Abuse, Family Abuse and Sexual Violence

- ✓ SSP Recorded webinar – Domestic Abuse in Tech Society [Video archive - Swindon Safeguarding Partnership](#)
- ✓ [Digital and online safety | Safelives](#)
- ✓ [Internet Safety for Survivors | The National Domestic Violence Hotline \(thehotline.org\)](#)
- ✓ [Staying safe online | Reducing the Risk](#)
- ✓ [Secure your tech – Refuge](#)
- ✓ [Online safety checklist | eSafety Commissioner](#)
- ✓ [Online Safe Spaces - UK SAYS NO MORE](#)
- ✓ [Revenge Porn Helpline - 0345 6000 459 | Revenge Porn Helpline](#) supports adults (18+) experiencing intimate image abuse, also known as, revenge porn.
- ✓ [Get Safe Online | The UK's leading Online Safety Advice Resource](#)



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# Resources: Stalking and Harassment

- ✓ National Stalking Helpline | Suzy Lamplugh Trust
- ✓ Stalking and harassment (supportline.org.uk)
- ✓ Paladin – National Stalking Advocacy Service (paladinservice.co.uk)
- ✓ Home - Victim Support
- ✓ Hollie Guard – Personal Safety App
- ✓ Non-profit organisation | Action Against Stalking | Scotland
- ✓ Report a stalker - GOV.UK (www.gov.uk)
- ✓ Home - Women's Aid (womensaid.org.uk)
- ✓ How to protect yourself from stalking and harassment | Wiltshire Police

## Resources for Young People

- ✓ Young People | AAS Website (actionagainststalking.org)
- ✓ Protection Against Stalking | Look Forward Not Behind



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# Hate Speech

- ✓ **Stop Hate UK:** [Home - Stop Hate UK](#)
- ✓ [Equality online - Swindon Safeguarding Partnership](#)
- ✓ [Wiltshire Hate Crime poster - Swindon Safeguarding Partnership](#)
- ✓ [Free speech versus hate speech - parents and carers information](#)
- ✓ [Victim support hate crime leaflet](#)
- ✓ [Equality online poster](#)
- ✓ [Friend or fake booklet](#)
- ✓ [Hate crime and incidents | Neighbourhood Watch Network \(ourwatch.org.uk\)](#)



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# Radicalisation

- ✓ [Radicalisation on the internet | ACT Early](#)
- ✓ [Educate Against Hate - Prevent Radicalisation & Extremism](#)
- ✓ [Act early - PREVENT radicalisation | Neighbourhood Watch Network \(ourwatch.org.uk\)](#)
- ✓ [Protecting children from radicalisation | NSPCC](#)
- ✓ [Understanding and identifying radicalisation risk in your education setting - GOV.UK \(www.gov.uk\)](#)
- ✓ [Keeping safe: how to spot and prevent online grooming and radicalisation | British Council](#)



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# Email signature

If appropriate please add the text below to your email signature

Swindon Safeguarding Partnership's Theme for February 2025 is

## Staying Safe Online

Find out more by visiting the SSP Events webpage

[Events - Swindon Safeguarding Partnership](#)

or follow us on

X @SwindonSafegua1

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# And finally...

Please let us know if the information and resources have been helpful to you.

You can give your feedback by clicking on the link below  
<https://forms.office.com/e/VKkK9sV8Us>  
or scanning the QR code.



It will take you two minutes!



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