



Self-Neglect

A strategic priority for
Swindon Safeguarding
Partnership

We know that people who self-neglect can find it difficult to allow practitioners and services into their lives. They may feel they are being judged or not understood.

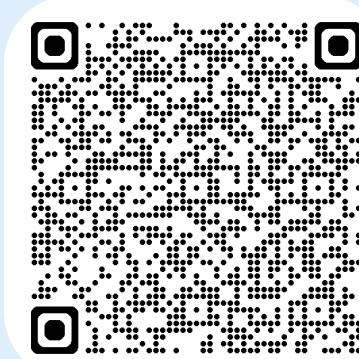
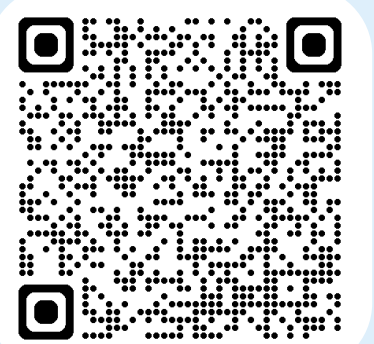
Whilst everyone makes decisions that others may consider to be unwise, practitioners and services must never dismiss self-neglect as a 'lifestyle choice'.

- Is it really a choice when:
- You didn't choose to live this way, but adapted gradually to circumstances
- You don't see how things could be different
- You don't think you're worth anything different
- Your mental ill-health makes self-motivation difficult
- Impairment of your executive brain function makes your decisions difficult to implement.

Remember, some behaviours whilst harmful, may have also have helped the person to manage stress and trauma.

We also know the challenges for practitioners and services in engaging and supporting people, who for various reasons, find it difficult to accept that help.

To find out more about Self Neglect and the resources available to assist you visit our website [Self neglect - Swindon Safeguarding Partnership](#) or use QR code.



There is Multi Agency Policy and Guidance on responding to self -neglect including welfare and safety plans when responding to self-neglect and hoarding concerns and enquiries. [Multi-agency policy and guidance on responding to self-neglect - Swindon Safeguarding Partnership](#)

