

# ARE YOU A YOUNG CARER?



IF SO WE CAN HELP YOU  
MANAGE YOUR CARING  
RESPONSIBILITIES,  
WHILST STILL ENJOYING  
LIFE, LEARNING &  
TIME FOR YOURSELF

INFORMATION,  
ADVICE + GUIDANCE  
1 TO 1 SUPPORT  
ACTIVITIES  
+ EVENTS

**01793 531 133**

**hello@swindoncarerstogether.org.uk**

Swindon Carers Together,  
Sanford House, Sanford  
Street, Swindon, SN1 1HE

**HOURS**

9am – 5pm  
Monday to Friday

**www.swindoncarerstogether.org.uk**

Swindon Carers Together is part of Cornwall Rural Community Charity.  
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