

What is Abuse?

Abuse is when someone does or says something which harms you or makes you upset and scared.

Examples of Abuse

- Physical Abuse
- Domestic Abuse
- Sexual Abuse
- Financial Abuse
- Psychological or Emotional Abuse
- Modern Slavery
- Discriminatory Abuse
- Organisational Abuse
- Self Neglect
- Neglect

What is Safeguarding?

Safeguarding means protecting an adult's right to live in safety, where people and organisations work together to prevent and stop abuse.

Who to Contact

If you are worried about someone you can call Adult Social care on **01793 463555**

In an emergency call the police on 999

For more information on safeguarding can be found on

<https://tinyurl.com/SBCReportaconcern>



#SafeguardingIsEveryonesBusiness

