

THINK FAMILY

Practitioner Checklist 2025



SEE THE WHOLE FAMILY



THINK CHILD



THINK ADULT



THINK PARENT



THINK CARER



THINK FAMILY

A Think Family approach recognises that individuals live within families and support networks and that understanding the whole family leads to better safeguarding and support.

UNDERSTAND THE FAMILY

- ☐ Have I communicated with each family member, considering language, culture, learning needs and accessibility?
- ☐ Have I identified who the family are and understood their relationships?
- ☐ Have I used a genogram, cultural genogram or Triangle of Care?
- ☐ Do I know who lives in the household or has regular contact?
- ☐ Do I have a clear picture of the family as a whole?

SAFETY & SUPPORT

- ☐ Have I considered if other family members need support?
- ☐ Have I considered if other family members may be at risk?
- ☐ Have I explored caring responsibilities, including young carers?
- ☐ Do I know which other professionals are working with the family?
- ☐ Have I liaised with those practitioners?

STRENGTHS & RESILIENCE

- ☐ Have I discussed and gained consent to share information where appropriate?
- ☐ Have I taken time to understand all the pressures and demands on the family?
- ☐ Have I identified what is working well?
- ☐ Have I considered what has worked well previously?
- ☐ Have I considered the family's resilience and ability to cope?

WORKING TOGETHER

- ☐ Have I listened to what support the family wants from all viewpoints?
- ☐ Is the plan family-led, multi-agency and coordinated?
- ☐ Have I explored the family's own ideas and solutions?
- ☐ Have I been open and honest about my concerns?

PROFESSIONAL REFLECTION

- ☐ Have I made any assumptions about the family?
- ☐ Have family responses informed my decision-making?
- ☐ Have I discussed concerns through supervision?

THINK FAMILY REFLECTION

Ask yourself:

- ☐ Who else is affected?
- ☐ Who else needs support?
- ☐ Who else should be involved?
- ☐ Who else needs to be heard?
- ☐ Who else may be at risk?

THINK FAMILY = BETTER OUTCOMES



BE CURIOUS



COMMUNICATE



COLLABORATE



COORDINATE